Dear Friend
Herewith the virtual service for the First Sunday after Trinity. Many thanks to Preb Jan for the Reflection.

The psalm set for this Sunday is no.100 (Jubilate Deo), and you may like to sing along to the following familiar metric version (All people that on earth do dwell):
https://youtu.be/1OEZKECfgNc

Ralph Vaughan Williams made a splendidly opulent arrangement of this hymn for the Queen's coronation, here with some historic pageantry:
https://youtu.be/mj9w7IUQ5AU

In contrast, here is a lighter, madrigalian setting of the Latin psalm by Giovanni Gabrieli sung in rehearsal by Voces 8:
https://youtu.be/RF9MiGJSqd4

Finally, I am very grateful to Martin for the following clip. He writes "May I offer you an altogether different piece of contemporary worship music. The video is from a huge Christian festival and is of a song, Waymaker, which is particularly resonant during this pandemic. It is deliberately repetitive designed to be a mantra for meditational worship and I have found the shortest version at nearly 7 minutes! I like the definitions of God far away from, "King and Ruler" which usually figure in evangelistic worship."
https://www.youtube.com/watch?v=3uWJvsgVbR8

I agree, and hope it assists your prayer time.
Chris

First Sunday after Trinity 10am.
Christ has no body now on earth but yours, no hands but yours, no feet but yours, yours are the eyes through which to look at Christ's compassion to the world, yours are the feet with which he is to go about doing good, and yours are the hands with which he is to bless us now. *St Teresa of Avila.*

CONFESSION. Forgive us, Lord, when we do little to reflect your glory, when we fail to show love to the outcast, when we are silent in the face of injustice to others, when we do nothing to prevent racism and discrimination.
God proves his love for us in that while we were still sinners Christ died for us. (Romans 5:8)

COLLECT. O God, the strength of all those who put their trust in you, mercifully accept our prayers and, because through the weakness of our mortal nature we can do no good thing without you, grant us the help of your grace, that in the keeping of your commandments we may please you both in will and deed, through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and forever, Amen.

READINGS. Psalm 100, Exodus 19.2-8a, Romans 5:1-8, Matthew 9.35-10.8.

REFLECTION. Many of you may well have pieces of jewellery, such as a ring or pendant, that are hallmarked. This tells that the precious metal is genuine. In today's Gospel Jesus sends his followers out, instructing them to share the good news with the people of the house of Israel. Surely Jesus is not being exclusive? Not really, it would seem that he is letting them cut their ministerial teeth in their own culture and environment. We know that Jesus does not exclude those outside the Jewish faith. He engages with foreigners, women, outcasts and so on. Nobody is outside the sphere of his love. Jesus calls us to reflect this in our lives, treating others, regardless of ethnicity, gender or creed, with open hearts full of God's love. Genuine followers of Christ have a living, loving relationship with him that hallmarks us as Christians. We are sent out to proclaim the good news of Christ Jesus in how we are and how we live. We, as it were, show our hallmark to all our neighbours, near or far, wherever or whoever they are.

PRAYERS. We pray for the nations of the world, for those allected by war and natural disaster, for areas where there is heightened racial tension, that there may be peace and reconciliation.
We bring before you the sick in mind, body or spirit, for those affected by Covid – 19 and those whose investigation or treatment for other conditions has been delayed because of it. We remember those who mourn loved ones and those facing financial uncertainty. We give thanks that your generous love knows no barriers; help us to reflect that love to others, to share the good news of your kingdom.

THE LORD'S PRAYER (your favoured version).
WE SHARE THE GRACE.

FINAL PRAYER. Send us out in the power of thy Spirit to live and work to thy praise and glory. Amen.
(Holy Communion Order One).